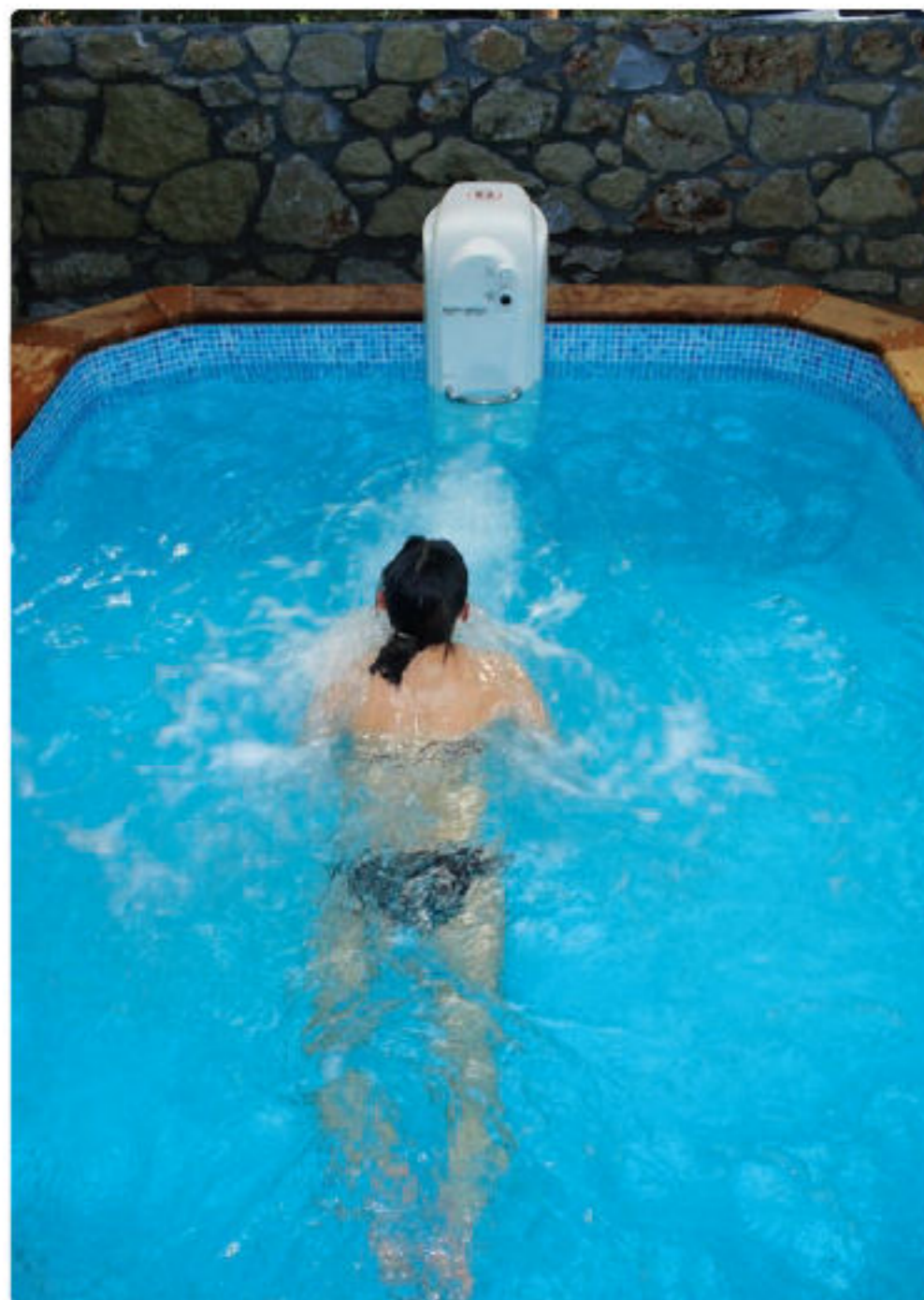




People's requirements have changed significantly in the swimming pool sector in particular. As a result of the world being so hectic and fast moving, stress has become a major factor in our lives and takes its toll on physical and spiritual well being.

Swimming provides a low impact cardiovascular workout. Swimming is a good example of an activity that is generally one of low physical impact on the entire body, yet as intense as the participant wishes it to be.



Exercise Pools

The energy required in swimming is significant; the body consumes more calories per hour in energy while swimming than it does in distance running, with additional concurrent demands placed upon the cardiovascular system and the respiratory system.

The Exercise Pool comes complete with a Counter Current System. The powerful system is ideal for medium sized pools. With its adjustable swivelling jet nozzle it meets just about every demand. This model comes complete with a massage hose and pulsator.

- The Wooden Exercise Pool can be used as both a multi-purpose Exercise Pool and a conventional pool for family and friends.
- Whether you are looking for gentle resistance training for body toning, aqua-Aerobics or a Never Ending resistance swimming workout, the Exercise pool is flexible enough to suit all your needs.
- The natural wood structure is aesthetically pleasing and is guaranteed to blend beautifully into your garden landscape.
- Variable flow rate of upto 40m³ per hour
- The Exercise pool can be installed above-ground or in-ground. Installation typically takes a couple of days.



Exercise Pool – 2.4m x 3.9m
1.17m wall height

